



Cayuga County Health and Human Services
160 Genesee Street
Auburn, NY 13021

For Immediate Release: October 31, 2006

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CAYUGA COUNTY DELAYS PUBLIC FLU CLINICS

Auburn, NY: Cayuga County Health Department has cancelled its scheduled flu shot clinic for Friday November 3, 2006. The clinic scheduled for Thursday November 2, 2006 from 9:00 a.m. to 11:00 a.m. is still in effect.

The cancellation of Friday's clinic is due to a delay in the shipment of the vaccine from the manufacturer. The Cayuga County Health Department does not anticipate any shortage of vaccine. The Cayuga County Health Department expects more vaccine to be shipped within two weeks. We anticipate holding the remainder of our public flu clinics as scheduled:

November 15	Wednesday	1:00-3:00 pm	County Office Bldg
November 17	Friday	9:00-11:00 am	Cato, St. Patrick's Church
November 17	Friday	1:00-3:00 pm	Moravia, VFW
December 1	Friday	9:00-11:00 am 1:00-3:00 pm	County Office Bldg
December 7	Thursday	4:00-6:00 pm	County Office Bldg

The best ways to help lessen your chances of becoming sick from the flu is to stop the spread of germs which cause the flu. Additionally,

- Get a yearly flu shot
- Avoid close contact with people who are sick and stay home when you are sick
- Cover your mouth and nose with a tissue when you cough or sneeze
- Wash or disinfect your hands frequently
- Avoid touching your eyes, nose and mouth

The public flu clinic schedule is posted on the Cayuga County Health Department website, www.cayugacounty.us/hhs/doh . A recording of the scheduled Health Department flu clinics for each week can be reached by calling 315-253-1157.

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