



Cayuga County Health and Human Services
160 Genesee Street
Auburn, NY 13021

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CAYUGA COUNTY TO HOLD PUBLIC FLU CLINICS

Auburn, NY: Cayuga County Health Department has released its 2006 flu clinic schedule.

Clinics will be held in Auburn, Cato and Moravia. The clinics are for adults aged 18 and older. No appointment necessary. There is no charge for people with Medicare Part B if they bring their card to the clinic, as the department will be billing Medicare Part B for vaccine charges. If you are not covered by Part B of Medicare, the cost for a flu shot is \$30.00.

Pneumococcal vaccine is available at these clinics for people with a doctor's prescription. The cost of the pneumococcal shot is \$45.00.

November 2	Thursday	9:00-11:00 am	County Office Bldg
November 3	Friday	9:00-11:00 am	County Office Bldg
November 15	Wednesday	1:00-3:00 pm	County Office Bldg
November 17	Friday	9:00-11:00 am	Cato, St. Patrick's Church
November 17	Friday	1:00-3:00 pm	Moravia, VFW
December 1	Friday	9:00-11:00 am 1:00-3:00 pm	County Office Bldg
December 7	Thursday	4:00-6:00 pm	County Office Bldg

If the Cayuga County Health Department has vaccine remaining after these clinics are completed, additional clinics will be announced.

The best ways to help lessen your chances of becoming sick from the flu is to stop the spread of germs which cause the flu. Additionally,

- Get a yearly flu shot
- Avoid close contact with people who are sick and stay home when you are sick
- Cover your mouth and nose with a tissue when you cough or sneeze
- Wash or disinfect your hands frequently
- Avoid touching your eyes, nose and mouth

The public flu clinic schedule is posted on the Cayuga County Health Department website, www.cayugacounty.us/hhs/doh . A recording of the scheduled Health Department flu clinics for each week can be reached by calling 315-253-1157.

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