

## Adults

2003/04 Updates Noted  
12/2006 & 07 Updates Noted

Key Word	Indicator	Source
<b>disability</b>	See Public Health	US Census, 11/2003
caregivers	Increasing stresses on family caregivers results in depression, physical illness, financial strains and family relationship problems.	Human Services Coalition of Cayuga County Position Paper on Issues & Needs of the Elderly, 1997
caregivers, dementia	It was noted in 1997 that there was a need for additional respite for Alzheimer's/dementia caregivers. This continues in 2000. There is a waiting list for the Alzheimer respite program which reimburses caregivers for day services or home respite up to	Human Services Coalition of Cayuga County Position Paper on Issues & Needs of the Elderly, 1997; Alzheimer's Association of Central NY, Cayuga County Office, 11/2000.
developmentally disabled	There were 41 developmentally disabled adults (reported as ages 22+) in need of 24-hour on-site assistance and training.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled	There were 21 developmentally disabled adults in need of part-time, 54 in need of full-time, day services including employment, social or community activities, school program (27), and habilitative or vocational skills training (27).	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled	There were 12 developmentally disabled adults in need of individual personal care assistance.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled	There were 15 developmentally disabled adults in need of individual community integration.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled	There were 36 developmentally disabled adults in need of individual recreation.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled	There were 19 developmentally disabled adults in need of individual transportation.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled	Individuals with MR/DD eligibility are living in Adult Homes and are not receiving day services.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
developmentally disabled; health	Care Needs: 10 developmentally disabled adults in need of dental; 8 in need of medical, 92 in need of nursing, 41 in need of nutrition planning, 73 in need of psychiatric services.	Cayuga County MR/DD 1999 – 2000 Local Plan for supports and Services for People with Developmental Disabilities
elder population, county	In Cayuga County people aged 75 and older increased 20.6% from the 1990 to the 2000 census. This increase is greater than the New York State average. Those people age 85 and older increased by 26.4%.	US Census, 2002. Power Point Presentation: "Long Term Goals for Cayuga County Nursing Home", Cayuga County Department of Health and Human Services, 2002.

elders, work force	The aging of NYS population from the period between 1995 and 2025 encompasses today's elderly, the aging baby boomers (born between 1946-1964) and children of baby boomers. Assuming the census remains static (all numbers the same) in Cayuga County, we would anticipate an 11% growth (from 47,405 to 52,590) in the age 20-64 group and a 61% growth (from 11,809 to 18,989) in the 65+ group from year 2000 to year 2010. Clearly, the percentage of people workforce age (20-64) will not increase at a rate nearly as dramatic as those aging and hence retiring from the workforce.	Power Point Presentation: "Long Term Goals for Cayuga County Nursing Home", Cayuga County Department of Health and Human Services, 2002.
elder health, work force	There is a need for additional certified home health, personal care aides and nurses (community & institutionally based) county-wide. This need extends to aides who have additional training for work with Alzheimer's/dementia sufferers as well as those afflicted by diseases which present particular challenges for their care.	Human Services Coalition of Cayuga County Position Paper on Issues & Needs of the Elderly, 1997; Long Term Care Access Office, Caregiver Program, 11/2001 & 2006.
elder health, dementia	The average life span for a person with Alzheimer's disease ranges for 8-20 years. It is projected that there will be more people living with the disease, for a longer period, in the future due to pharmaceutical advances. This result is similar to what occurred with the advent of new drug therapies for the treatment of HIV/AIDS.	Alzheimer's Association of CNY, Cayuga County Office, 11/2000.
elder health, dementia, county	A 1997 estimate of community residents identified with Alzheimer's/dementia was 1800, based on the 1990 census. There were 5759 county residents estimated to be affected by the disease (elders, family caregivers). Based on the 2000 census data the estimate of community residents identified with Alzheimer/dementia of 1800 is still valid. By 2015 the estimate is 2630 individuals age 65 and older.	Human Services Coalition of Cayuga County Position Paper on Issues & Needs of the Elderly, 1997 & 2006; Alzheimer's Association of Central NY, Cayuga County Office, 11/2000; Long Term Care Access Office, Caregiver Program, 11/2001 & 2006.

elder health, dementia, county	<p>The National Alzheimer's Association reports that 1 in 10 persons over 65 and nearly half of those over 85 have Alzheimer's disease. Using this formula it is estimated there are currently approximately 1,800 individuals with Alzheimer's disease in Cayuga County and by 2015 there would be 2325, or an increase of 525 residents age 65+ with dementia. With regard to the 85+ population, it is estimated that this cohort will grow by 29% by 2015. Based upon the statistic that nearly 50% of those age 85+ will have Alzheimer's Disease or other form of dementia, a conservative estimated growth in Cayuga County would result in the following: an additional 207 persons 85+ afflicted with dementia by 2010 and an additional 238 persons 85+ afflicted with dementia by 2015. (a 53% increase since the 1990 census)</p>	<p>2000 Census. NYS Economic Development Corporation, Fall, 2002. Power Point Presentation: "Long Term Goals for Cayuga County Nursing Home", Cayuga County Department of Health and Human Services, 2002.</p>
elder health, dementia, county	<p>The demand for assessment/evaluation for dementia continued to increase in 2001 for the Alzheimer's Disease Center (ADC) of CNY. In 2001 the combination of two factors impacted the waiting time for an assessment/evaluation for dementia. The clinic lost one of the several fellows they had working there. In addition, physicians not only see patients in the clinic but are following geriatric patients in the hospital as well. Waiting time is now 3 months, was 6 weeks in 2000, and 2-3 weeks in 1999. The number of new people able to be seen due to the loss of fellows is 35/40 per month and had been approximately 60/month. With the demand as it is, 50 –60 "intake" packets are sent out to new patients per month. Sources of referrals for evaluations which changed from being primarily family driven (approx. 60% family, 40% physicians) to physician driven (approx. 25% family, 75% physicians) remains as of 2001.</p>	<p>Alzheimer's Disease Assistance Center of CNY, 11/2000, 11/2001.</p>
elder health, dementia, county	<p>In 2000, the utilization of day services slots available were not maximized by the community. It was difficult for families to access the service due to the need to transport the person with Alzheimer's Disease to the program, the amount of effort it takes to ready an AD person for the day out, etc. Of assistance to the ADC clinic in 2001 was the hiring of an outreach position by the Onondaga County Alzheimer's Association to assist in linking families with its Day Services.</p>	<p>Alzheimer's Disease Assistance Center of CNY, 11/2000; Long Term Care Access Office, Caregiver Program, 11/2001.</p>

elder health, dementia, region	Awareness of Alzheimer's disease, especially among physicians, has increased between 1999 and 2000. Much of the awareness is attributed to drug companies educating doctors on treatment medications. The average number of days of Alzheimer medication use in Cayuga County was 138 days. This is not considered to be long enough for optimum impact on the sufferer.	Alzheimer's Disease Assistance Center of CNY, 11/2000
elder health, dementia, region	Approximately half of patients referred to the ADC clinic are already taking prescriptions for dementia and are referred to the center for follow-up and care management.	Alzheimer's Disease Assistance Center of CNY, 11/2001.
elder health, dementia, region	Of the 106 patients referred in September, 2001, 43 (41%) were from 10 counties outside of Onondaga where the ADC clinic is located. Eight patients from Cayuga County were referred.	Alzheimer's Disease Assistance Center of CNY, 11/2001.
elder health, dementia	The average life span for a person with Alzheimer's disease ranges from 8-20 yrs. It is projected that there will be more people living with the disease longer in the future due to the drugs being developed. This trend was seen in the area of HIV/AIDS treatment drug development and people living longer, healthier.	Alzheimer's Association of CNY, Cayuga County Office, 11/2000
elder health, dementia	Nationally, the majority of those with Alzheimer's Disease (7 out of 10) live at home for very long periods of time. 75% of the home care is provided by family & friends. During 2000, it cost an average of \$12,500, out of pocket, for purchased home care, per year, per family.	Alzheimer's Association of CNY, Cayuga County Office, 11/2000
elder health, dementia, county	There is a need for additional support and diagnostic services for those with dementia, as well as support in rural areas (i.e. no day services)	Partners for a Healthy Community, 1998
elder health, dementia, county	Focus groups and surveys identified that care for Alzheimer/dementia was limited in Cayuga County. Area physicians' experience and capacities on diagnosis was limited and there were significant gaps in the continuum of care for these individuals.	Human Services Coalition of Cayuga County Position Paper on Issues & Needs of the Elderly, 1997; Cayuga County Community Health Network Needs Assessment, 1998
elder health, dementia, services, county	There is a need for additional day services and living/housing options for Alzheimer's/dementia sufferers such as a distinct unit in the county to address special needs (low stimulation, quiet environment) and a Wanderer's lounge program. As of 11/2001, some progress had taken place. A legislative Committee of county government was formed in 2001 to address long term goals for the county nursing home in servicing the underserved. Mercy Rehabilitation Center redesigned a unit for Alzheimer/dementia patients. The new institutional-based service option began in 2001.	Human Services Coalition of Cayuga County Position Paper on Issues & Needs of the Elderly, 1997; Alzheimer's Association of Central NY, 11/2000; Long Term Care Access Office, Caregiver Program, 11/2001.

elder health, dementia, services, county	Mercy Health and Rehabilitation Center recently restructured their nursing facility. The third floor is designated for residents with dementia and the fourth floor is designated for residents with advanced dementia care needs. They have been able to fill their units from residents within the facility and currently have a waiting list of people wanting to enter the dementia unit.	Power Point Presentation: "Long Term Goals for Cayuga County Nursing Home", Cayuga County Department of Health and Human Services, 2002.
elder health, dementia, services, county	Work has progressed in the development of implementation goals for the Cayuga County Nursing Home. The vision in the creation of a secure 20 bed dementia specific unit with its own activity, dining and kitchenette area. There is a waiting list of people in the community interested in occupying a secure dementia unit. This unit would allow for wandering in a safe environment, provide area conducive to interaction with loved ones as well as space to perform group interactive programming. There would be rooms for 20 residents and the shared services would include: Kitchen; Laundry; Housekeeping; Maintenance and Pharmacy. Cayuga County Nursing Home is currently approved for 80 residents. Twenty (20) existing beds would be relocated to the newly constructed dementia unit. The remaining resident space requires upgrading to enhance the living conditions. The vacated space would be used for existing needs of the nursing home. Current staff members would be assigned in this unit and provided additional dementia specific training.	Power Point Presentation: "Long Term Goals for Cayuga County Nursing Home", Cayuga County Department of Health and Human Services, 2002.
elder health, dementia, county	The County LTC office has received approx. 25-35 referrals per month, since 1995, for home assessments. Approx. 50% of these referrals involve Alzheimer's disease or related dementia (170 referrals per year). With the projected increase in dementia, the number of referrals will grow. Calls are often from the caregivers/family who are wearing out. Medicare does not provide reimbursement for services to support caregivers. Support and service resources are limited.	Long Term Care Access Office, Cayuga County, 12/2000
elder health, dementia, county	A new program began in New York State with Federal Older American's Act money in support of persons age 60 plus. The Title IIIIE Caregiver initiative in Cayuga County provides respite for caregivers of older adults. In-home respite through a local home care agency as well as day services are options.	Long Term Care Access Office, Caregiver Program, Cayuga County, 11/2001

elder health, dementia, county	Cayuga County saw the need for a case manager to work with people suffering with dementia. The county also saw a need for a AD Assistance Center staff person in Cayuga County.	Alzheimer's Association of Central NY, 11/2000
elders, aging, mental health, depression	Mental illness is under-diagnosed and misunderstood in the elderly. Depression is common.	The "White Paper"; A Position Paper Discussing the Issues & Needs of the Elderly. Cayuga County Human Services Coalition Task Group for the Elderly & Disabled; Revised 2006. 10/2007.
elders, aging, substance abuse	Elderly whose mental illness is not diagnosed and untreated appear to be at risk of substance abuse. There is a need in the county for specialized mental health services for older adults, including those for substance abuse, suicide and depression.	The "White Paper"; A Position Paper Discussing the Issues & Needs of the Elderly. Cayuga County Human Services Coalition Task Group for the Elderly & Disabled; Revised 2006. 10/2007.
protective services	Resources applied to assisting adults, who are unable to live on their own and need appropriate intervention, are important and not sufficient. The effort requires collaboration among agencies and DHHS/Social Services as a major player.	Provider Survey - DSS goals, 8/2000 (Cayuga Health Assoc., Auburn City Court)
protective services	In 1999, there were 95 referrals for protective services for adults, of those, 39 cases were opened for service. In 2002, there were 149 referrals for protective services for adults, of those, 17 cases were opened for service. Since 1999, the number of referrals for protective services for adults has increased to 109 in 2000 and 114 in 2001 and 149 in 2002. This represents an increase of 36% since 1999. The adult protective unit averages approximately 30 on-going cases. The estimate percentage of referrals with allegations of elder abuse has averaged 20-25% during 2000 and 2001.	1999, 2000 & 2001 DHHS data, 2002.
elders, aging, county issues	Fifty-eight attendees of the hearing prioritized the following issues as most important; 1. Health care; 2. Socialization/Reduce Isolation; 3. Alzheimer's Disease/Dementia Care; 4. Home Care Services; 5. Caregiver Support; 6. Elder Abuse/At-risk Seniors; 7. Mental Health Services; 8. Financial Planning; 9. Housing; 10. Transportation.	Cayuga County Office for the Aging, A Report on the Annual Public Hearing- 10/6/2006. 9/2007
elders, aging, county, isolation	A recurring theme by the work groups at the annual public hearing was the need to reduce isolation and increase opportunities for socialization. Reducing isolation could be a part of the solution to combat many of the issues, particularly Alzheimer's & dementia care, caregiver support, elder abuse/at-risk seniors, mental health concerns, and even improving health care outcomes.	Cayuga County Office for the Aging, A Report on the Annual Public Hearing- 10/6/2006. 9/2007

elder abuse, neglect	Elder abuse/neglect is under reported. Seniors are unable to acknowledge abuse, especially when relatives are involved. Seniors are also vulnerable to sales approaches, particularly in-home.	The "White Paper"; A Position Paper Discussing the Issues & Needs of the Elderly. Cayuga County Human Services Coalition Task Group for the Elderly & Disabled; Revised 2006. 10/2007.
elders, aging, county, care giving	Caregiver support was identified as an important issue. Crisis often occurs before families seek help, respite services are not well publicized and funds for respite are limited. In addition, current methods for evaluation of family need for respite are cumbersome and not timely. More funding and the education of families is needed.	Cayuga County Office for the Aging, A Report on the Annual Public Hearing-10/6/2006. 9/2007
unintentional injuries, age 65+	For that population age 65+ over the course of 1997-1999, there were 984 hospital discharges from unintentional injuries in Cayuga County (2634 per 100,000 residents) and 13,810 hospital discharges from unintentional injuries in region three (2295 per 100,000 residents). The county was third highest in region three, and this age group made up for 54% of all hospital discharges from unintentional injuries in Cayuga County. New York State showed a 2117.2 rate per 100,000 population during this time period. Falls are, likely, the most common type of unintentional injury for those age 65+.	1997-1999 SPARCS Data as of September, 2000
unintentional injuries, hospital discharges age 65+	Comparing data from 1996-1998, 1998-2000, 2000-2002 and 2001-2003, discharges of persons age 65+ due to unintentional injuries showed no improvement in Cayuga County, the region or the state. During 2001-2003, the county remained third highest in region three at 2834.9 per 100,000 residents and was higher than the regional and state rate. The state rate was 2210.6. This age group has represented 57-58% of all hospital discharges from unintentional injuries in Cayuga County during these time frames. For the population age 65+ there were 970 hospital discharges over the course of 1998-2000, 968 from 2000-2002 and 1,001 from 2001-2003 in Cayuga County. Hospital discharge rates from unintentional injuries in region three increased from 2305.9 to 2442 to 2480.4 per 100,000 residents over this these three, three year periods . New York State showed an increase in rate from 2148.3 per 100,000 population to 2327.6 and then a decrease to 2210.6 during this time period. Falls are, likely, the most common type of unintentional injury for those age 65+.	NYSDOH Community Health Data Set, 2000 2002 Vital Statistics Data as of August, 2004. 12/2004. NYSDOH, CHDS, 2001-2003, January, 2006. 12/06.

<p>chronic disease, asthma, elderly hospitalizations</p>	<p>During the 3 years from 1998 - 2000, asthma related hospital discharges, for the population age 65+, fell and then rose (in contrast to the continuing decline in overall asthma hospital discharges). This see-saw trend ended the county, and the region's, declining rates. Over the course of 1997-1999, both the county and the region showed a decrease in the number of discharges for the population age 65+ related to asthma. Notably, Cayuga County, for the 3 years 1998 - 2000, led the region with a discharge rate of 338.6 (a decrease from 377.5 per 100,000 in the previous period 1997-99). Region III had a asthma related hospital discharge rate of 170.6 per 100,000 population age 65+. NYS had a hospital discharge rate of 256.2, increasing from 252.8 per 100,000 population age 65+ from the 1997-99 time period. The time period from 2001-2003 shows a continued decrease in discharge rates for the age 65+ for the county. The county rate was 240.7 per 100,000 population age 65+, the regional rate was 187.3 and the state rate was 261. Cayuga was fourth highest in the region.</p>	<p>1997-1999 SPARCS Data as of September, 2000. 1998-2000 SPARCS Data as of 2001. 1998-2000 SPARCS Data as of August, 2002. NYSDOH, CHDS, 2001-2003, as of Dec. 2005, January 2006. 12/06</p>
<p>chronic disease, diabetes, elderly hospitalizations</p>	<p>Data over the course of 1993 to 2003 reveals that approximately 40% of those hospitalized for diabetes related illness were those persons age 60 and older in Cayuga County. In addition, those ages 65 and older are the diabetes patients whose hospital length of stay is likely to be the longest, 20 days or longer.</p>	<p>NYSDOH, HIN 2002.</p>
<p><b>chronic disease, diabetes, adults age 18+</b></p>	<p>The prevalence of diabetes among adults age 18 and older in NYS (persons who have been told by a doctor that they have diabetes) was 3.6% in 1996, 4.8% in 1997, 6% in 1998, 7.2% in 2003 and 8.1% in 2005. The rate for Cayuga, Wayne and Seneca counties was 7.4 per 100 adults, and the upstate rate was 6.6 per 100 adults in 2003. The Healthy People 2010 target rate is 2.5%.</p>	<p>BRFSS (Bureau of Risk Factor Surveillance System), 2003, NYS Dept. of Health. NYSDOH, CHDS, 1997-2005. June, 2006. 12/06.</p>
<p>parenting grandparents</p>	<p>In Cayuga County, there were 1,066 grandparents living in a household with one or more grandchildren under the age of 18. Of those, 359, or 33.7%, had responsibility for the grandchildren.</p>	<p>US Census, 2002</p>